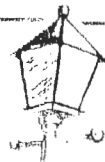

Lamplighter

Let your light so shine
before others . . .
Matthew 5:16



Up River Friends Meeting, Belvidere, NC 27919 -- Vol. XXXI No. 2

February 2017

WORDS FROM OUR PASTOR -----

DEAR FRIENDS,

NOT ABANDONED:

“So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you nor abandon you” Deuteronomy 31:6 (NLT).

Recently I heard Gymnast, Shawn Johnson tell of a time she felt abandoned. Her feelings of failure left her less than courageous and often in panic and turmoil. Johnson recalls how Nastia Liukin gave a beautiful routine in the 2008 Beijing Olympics. Johnson remembers Liukin’s score being higher than she was anticipating, and at that point, she felt it was impossible for her to beat Liukin and take home the gold. At that moment, she felt crushed and abandoned. Johnson went out and gave the performance of a lifetime; however, as earlier suspected, she did not take home the gold. Johnson secured the silver medal.

Standing on the platform, Johnson reminisces how the presenter gave her a hug and said, “I’m sorry” as he presented her with the silver medal. Johnson felt his words were a validation of her failure—this kind of perception can leave one feeling abandoned. Despite going on to win other gold and silver medals, Johnson recalls that she still felt she had failed as a gymnast, and in her mind, that meant she had also failed as a human.

After many years of carrying that heavy weight with her, one day, while she was training, she felt the presence of God speak to her and tell her it was going to be okay. God assured Johnson He had not abandoned her. God was with Shawn Johnson, and at that moment, she recalls the sensation of her heaviness being taken away. Once again, she felt strong and courageous.

Johnson tells how Jesus’ salvation is the best “award” she ever received. Her silver and gold medals pale in comparison to Christ’s sacrifice—giving Himself at Calvary for her sin. Even Johnson’s feelings of panic, failure, and abandonment pale in the light of Jesus’ compassion for her. At that moment, Johnson knew that God went ahead of her to assure her He had neither failed nor abandon her.

God will never abandon you. If you are in right relationship with Christ, He is always with you. There may be times you feel alone, disappointed, and even abandoned, but Christ is with you. God’s presence will protect you so be strong and courageous.

Many times, in life, you might feel abandoned by friends, family, and even church, but, you can always count on God. God will stand by you through thick and thin; He will neither fail you nor abandon you. Jesus made it extremely clear, “I am with you always, even to the end of the age” (Matthew 28:20b, NLT). Isaiah 41:10 also reminds, “Don’t be afraid, for I am with you. Don’t be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand” (NLT).

If you are feeling alone, and Christ is your Savior, don’t believe those feelings of abandonment, they are lies. God is always with you. First, “Give all your worries and cares to God, for he cares about you” (1 Peter 5:7, NLT). Then, be strong and courageous, because you are not alone. ³⁸“And I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God’s love. ³⁹No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord” (Romans 8:38-39, NLT).

Blessings, Chuck

SCHEDULE OF SUNDAY & WEEKLY SERVICES:

10:00 am Sunday School
 11:00 am Worship Service
 Nursery and Junior Church

 01st **CHILI COOK-OFF**
 6:00 pm Choir Practice
 6:30 pm Light Meal
 7:30 pm Children programs
 06th 7:00 pm Ministry & Counsel Meeting
 08th 6:00 pm Choir Practice
 6:30 pm Light Meal
 7:30 pm Children Programs
 7:30 pm Monthly Meeting
 9th Mobile Food Pantry in Hertford
 12th **6:00 pm Marriage Seminar**
 13th 2:00 pm Elizabeth White Miss. Circle
 14th **HAPPY VALENTINES**
 15th 6:00 pm Choir Practice
 6:30 pm Light Meal
 7:30 pm Children programs
LAMPLIGHTER NEWS DUE
 19th **6:00 pm Marriage Seminar**
 22nd 6:00 pm Choir Practice
 6:30 pm Light Meal
 7:30 pm Children programs

BIRTHDAYS and ANNIVERSARY:

02nd Steve Sanders
 04th Whitney Elizabeth Winslow
 06th Adam Richardson
 07th Kent White
 08th Kim Owens, Kathy Lassiter
 09th Scott Winslow, Teresa Winslow,
 12th Chay White, Joey Colson
 14th Lyn Winslow, Marie Rawlings,
 Zack Hebert
 15th June Wampole
 17th **MIKE & CHERYL WHITE**
 18th Reggie Winslow
 20th **RANDY & LYNN LASSITER**
 21st Maddox Tate Barton, Waldo Winslow
 22nd Evelyn Ann Savaria
 23rd Joshua Lassiter,
 Brad Thompson, Griffin T. Crain
 25th Iona Baker, Kim Baker
 26th Wyatt Ethan Winslow
 27th Crystal Colson, Hayden Thomas Dail
 28th Wayne Winslow



FLOWERS:

05 th Nancy L. Winslow	19 th Hillary B. Lassiter
12 th Nancy L. Winslow	26 th Lynette Baker

PRAYER REQUESTS:

World leaders and those working to bring world peace. Our elders, children, youth and leadership of our meeting, Jacque Pagels, Eura Hall, Lester Baker, Vivian Winslow, Herbert & Jessie Mae Williams, Beth Cates & husband (Pastor Chuck's friend), Julie Bundy, Pat & Mary Frances Twiddy, Barbara Stallings, Barbara Copeland, Calvin Casper, Joe Liner, Claudia Bunch, Thomas Wade Stanton, Anne Chambers, Tommy Stallings, Kay Boyce, Archie Creed, Rick Morris & family, Faye Lassiter, Sid Stallings, Gail Smith, C. J. Stallings, Baby Cash and family, Dale Hunter, Baby Carter, Carlton Rountree, Jason Warren, Tanner Sprague (Billy & Janice Winslow's grandson), Lacy Bunch, Cecil & Ann Brown (friends of Jacque in Kernersville), Melody L. White, Garland Anderson, Lela Bundy, Iona Baker, Ralph Hartley, Jackie Wiley, Tommy Chappell, Kathy Turner, Linda Givens, Anna Spivey's son-in-law Everett Egan, Jean Pressley (Sonya's mother), Leah Jonson, Conna Gessler, Alan Corprew, Robert Hall (cousin of Rose Riddick), Lois Faye, Paul White and family, Chad Winslow, Quincy Riddick, Lewis Stallings, Karen & Freddie Boblit, Beulah Phthisic, Anna Wrae Smith, C. F. Stallings, Abby Baker, Anna Spivey, Carey Guyer and her best friend Erica, Bill Jones, families of Carolyn Baker, Carolyn Lane, and Jerry Whedbee, our care-givers, youth, and missionaries. If you know of anyone who needs to be added to our prayer list, please contact Pastor Chuck or Catherine. Thank you.

UP RIVER FRIENDS MEETING'S MISSION STATEMENT:

To know Christ and to make Him known.

Up River Friends Meeting
Committee Report / Nominating 2017
January 1 – December 30

Position	2017	2018	2019
Clerk	Stan Winslow	Stan Winslow	Austin Winslow
Assistant Clerk	Randy Lassiter	Randy Lassiter	Russell Lassiter
Recording Clerk	Lynwood Winslow	Lynwood Winslow	Lynwood Winslow
Treasurer	Julian Baker	Julian Baker	Julian Baker
Assistant Treasurer	Brenda Lassiter	Brenda Lassiter	Brenda Lassiter
Recorder	Catherine Winslow	Catherine Winslow	Catherine Winslow
Reporters	Susan Harris / Brenda Lassiter	Susan Harris / Brenda Lassiter	Susan Harris / Brenda Lassiter
Committees	2017	2018	2019
Elders	Jesse Rountree Austin Winslow	Mark Baker Jason Sweeney	Jenna Caldwell Brandon Belcher
Trustees	Mark Baker	Matt Winslow	Charles Baker
Finance <i>*Julian Baker</i>	Brenda Lassiter	Adam Richardson Mike Salvatore	Caleb Richardson Matt Winslow
House / Grounds <i>Julian Baker</i>	Robert Winslow Russell Lassiter	David Jethro Amanda Winslow	Connie Baker LouAnn Winslow Rusty Sweeney
Christian Ed <i>*Pastor</i> <i>*Youth Pastor</i>	Susan Harris	Ashley Jethro	Hillary Lassiter
Nominating	Brenda Lassiter	Eula Mae Forbes	Rusty Sweeney
Hospitality	Jamie Salvatore	Robert Winslow Gloria Wissman	Ron Rountree Kelli Price
Worship Comm. <i>*Lyn Winslow-Choir</i>	Jason Sweeney	Lynn Lassiter Susan Harris	LouAnn Winslow Terry Sweeney
Creative Aging	Lacey Winslow	Caroline Sweeney	Kim Baker
Birth, Death & Marriage	Catherine Winslow	Catherine Winslow	Catherine Winslow
Flower List	Catherine Winslow	Catherine Winslow	Catherine Winslow
Scholarship Committee	Brenda Lassiter	Rose Riddick	Kim Harris Lynnette Baker
Ushers	Charles Baker	Vinnie Salvatore	
	Russell Lassiter	Carmine Salvatore	
	Jesse Rountree	Carlton Baker	
	Adam Richardson	Rodney Lassiter	
	Jimmy Rhodes	Adam Lassiter	
	Mike Salvatore	Caleb Richardson	

**standing members of committee*

WORSHIP

NURSERY

1ST SUNDAY	JOVAN WARD	TERRY SWEENEY
2ND SUNDAY	JASON SWEENEY	CAROLINE SWEENEY
3RD SUNDAY	CHRIS BAKER	TABATHA BAKER
4TH SUNDAY	JIMMY RHODES	TIFFANY RHODES
5TH SUNDAY	JOVAN WARD	CHERYL WHITE

TODDLER NURSERY

1ST SUNDAY	ASHLEY JETHRO	LOUANN WINSLOW
2ND SUNDAY	AUSTIN, LACEY WINSLOW	SCOTT AND SONYA WINSLOW
3RD SUNDAY	SYDNI BAKER	SHELBY SWEENEY
4TH SUNDAY	RUSTY SWEENEY	TERRY SWEENEY
5TH SUNDAY		

CHILDREN'S CHURCH (GRADES K-5)

1ST SUNDAY	HOLLY LASSITER	
2ND SUNDAY	HOLLY LASSITER	
3RD SUNDAY	JAMIE LASSITER	
4TH SUNDAY	AMANDA WINSLOW	
5TH SUNDAY	CHILDREN ATTEND WORSHIP	

BIBLE SCHOOL CO-CHAIRS

ASHLEY JETHRO	HILLARY LASSITER	CAROLINE SWEENEY
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YOUTH GROUP TEAM CONTACTS/COORDINATORS

CAROLINE SWEENEY	ASHLEY METHRO	
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JUNIOR YOUTH LEADERS

CAROLINE SWEENEY	SONYA HARTMAN	
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BUILDING BLOCKS LEADERS

CHUCK HARTMAN	HILLARY LASSITER	JENNIFER BERRY
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CHILDREN'S ASSEMBLY LEADERS

HILLARY LASSITER	AMANDA WINSLOW	
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IF YOU CANNOT BE THERE ON YOUR SUNDAY, PLEASE TRY TO SWITCH WITH SOMEONE ON YOUR TEAM OR SOMEONE ON THE SUB LIST.

CONTACT SUSAN HARRIS, ASHLEY JETHRO OR HILLARY LASSITER FOR ASSISTANCE.

CHRISTIAN EDUCATION REPORT 2017

SUPERINTENDENT

RODNEY LASSITER

ROBERT WINSLOW

NURSERY

1ST SUNDAY
2ND SUNDAY
3RD SUNDAY
4TH SUNDAY
5TH SUNDAY

BRENDA LASSITER
LOIS DAIL
JOVAN WARD
CHERYL WHITE
LOIS DAIL

SUSAN HARRIS
FAITH DAIL
DENA RICHARDSON
TIFFANY RHODES
CHERYL WHITE

PRESCHOOL (AGES 3 AND 4)

TEACHER 1
TEACHER 2
SUBSTITUTE

AMANDA WINSLOW
JENNA CALDWELL
CAROLINE SWEENEY

BEGINNERS (GRADES K-2)

TEACHER 1
TEACHER 2
SUBSTITUTE

HILLARY LASSITER
JULANE BELCHER
LACEY WINSLOW

ELEMENTARY (GRADES 3-5)

TEACHER 1
TEACHER 2
SUBSTITUTE

KIM HARRIS
KELLY WINSLOW
SONYA HARTMAN

YOUTH (GRADES 6-12)

TEACHER 1
TEACHER 2

JASON SWEENEY
AUSTIN WINSLOW

YOUNG ADULTS

TEACHER 1
TEACHER 2

ASHLEY JETHRO
LYNETTE BAKER

OPEN CLASS

TEACHER 1
TEACHER 2

SCOTT WINSLOW
MARK BAKER

SENIOR ADULTS

1ST SUNDAY
2ND SUNDAY
3RD SUNDAY
4TH SUNDAY
5TH SUNDAY

ROBERT WINSLOW
LYN WINSLOW
LYNN LASSITER
RUSTY SWEENEY
SWITCH

PRAISE & WORSHIP 2ND AND 4TH SUNDAYS FOR YOUTH AND ADULTS.

SUBSTITUTE TEACHERS

CAROLINE SWEENEY

SUSAN HARRIS

WORSHIP

NURSERY

1ST SUNDAY
2ND SUNDAY
3RD SUNDAY
4TH SUNDAY
5TH SUNDAY

JOVAN WARD
JASON SWEENEY
CHRIS BAKER
JIMMY RHODES
JOVAN WARD

TERRY SWEENEY
CAROLINE SWEENEY
TABATHA BAKER
TIFFANY RHODES
CHERYL WHITE

TODDLER NURSERY

1ST SUNDAY
2ND SUNDAY
3RD SUNDAY
4TH SUNDAY
5TH SUNDAY

ASHLEY JETHRO
AUSTIN, LACEY WINSLOW
SYDNI BAKER
RUSTY SWEENEY

LOUANN WINSLOW
SCOTT AND SONYA
WINSLOW
SHELBY SWEENEY
TERRY SWEENEY

CHILDREN'S CHURCH (GRADES K-5)

1ST SUNDAY
2ND SUNDAY
3RD SUNDAY
4TH SUNDAY
5TH SUNDAY

HOLLY LASSITER
HOLLY LASSITER
JAMIE LASSITER
AMANDA WINSLOW
CHILDREN ATTEND
WORSHIP

BIBLE SCHOOL CO-CHAIRS

ASHLEY JETHRO

HILLARY LASSITER

CAROLINE SWEENEY

YOUTH GROUP TEAM CONTACTS/COORDINATORS

CAROLINE SWEENEY

ASHLEY METHRO

JUNIOR YOUTH LEADERS

CAROLINE SWEENEY

SONYA HARTMAN

BUILDING BLOCKS LEADERS

CHUCK HARTMAN

HILLARY LASSITER

JENNIFER BERRY

CHILDREN'S ASSEMBLY LEADERS

HILLARY LASSITER

AMANDA WINSLOW

IF YOU CANNOT BE THERE ON YOUR SUNDAY, PLEASE TRY TO SWITCH WITH
SOMEONE ON

YOUR TEAM OR SOMEONE ON THE SUB LIST.

CONTACT SUSAN HARRIS, ASHLEY JETHRO OR HILLARY LASSITER FOR ASSISTANCE.

* * * * *

LOOKING FORWARD TO UPCOMING EVENTS:

ELIZABETH WHITE MISSIONARY CIRCLE:

The Elizabeth White Missionary Circle did not meet in January due to the snow and ice on their regular appointed time. The next meeting will be Monday, February 13th at 2:00 pm in the Fellowship Hall. The program will be *A Mother's Lessons...* with devotion centering around Psalm 16:11, John 14:6 and Colossians 3:23-24. We welcome you to come and meet with Friends/friends of the Elizabeth White Missionary Circle.

* * * * *

MARRIAGE SEMINAR:

Young married couples at Up River --- take time to refresh your marriage, to heal some troubled areas that you may be struggling with and to acknowledge that your spouse is NOT your enemy.

February 12 and February 19 (@ 6 p.m. have been set aside for our younger married couples (ages 20's to early 40's) to get reconnected and discover all over again how a Christian should view marriage and the importance of raising children in a Christian home. This will be a time of renewal and revival for our couples and will be led by Howard Sutton, Pastor of Mt. Sinai Baptist Church.

Couples MUST pre-register. There will be a sign up sheet in the classroom for the young married couples and another on the bulletin board.

A light dinner will be served each night and childcare will be provided for those children who require child care.

* * * * *

BABY SHOWER:

Please join us for a Floating Baby Shower in honor of Kelli and Brandon Price on Saturday, February 18th from 2:00 – 4:00 pm at the Onley Place, Craney Island Road, Belvidere, N.C.

Kelli and Brandon are registered at Baby's R' Us and Walmart.

* * * * *

LOOKING BACK – *(In one of our newsletters we shared highlights from our 150th ANNIVERSARY. Several members shared with us at that time; and from that newsletter until the last thoughts have been shared, you will be able to read what was shared. Also, many thanks to Jacque Pagels and Lynn Lassiter in obtaining this information and pulling it together. The first one was Mark Baker and the second one was from one of our young Friends, Carlton Baker. The third article was from Vivian S. Winslow. This month we will share Eloise and Lyndon White's thoughts.*

Eloise and Lyndon White were born into the Up River community and are birthright members of the Meeting. Eloise recalls when there was a separate building for the library and there were no indoor toilets. There were no Sunday School classrooms but three classes met in the auditorium. She fondly remembers Mabel Lane as one of her teachers. Ms. Mabel had a table set up each Sunday with items pertaining to the lesson for the children to handle. Ms. Lane gave each child a small card with a Bible verse on it to take home. Eloise wishes she had saved those cards.

Eloise has a vivid memory of the facing benches where Lizzie White sat to guide the Meeting. Along with Lizzie, she remembers Gideon Saunders, Mary 'Dempsey' Winslow, and Lett Winslow.

To Eloise, this was a very happy time at Up River.

Thank you Eloise and Lyndon for sharing some of your memories with us.

* * * * *

THE QUERIES: The following comes from the Faith and Practice (Book of Discipline) of North Carolina Yearly Meeting of Friends under the heading THE QUERIES.

Please take time to consider these thoughts and hopefully our meeting will grow both Spiritually and numerically.

PERSONAL LIFE AND CONDUCT: Do you provide in your schedule of activities an opportunity for daily devotions? Do you prayerfully seek the leading of the Holy Spirit in the interpretation of scriptural truth? Does your personal conduct reflect the true dignity of Christian character as set forth in the Scriptures? Do you always strive so to live that you will have a "conscience void of offense toward God and man?"

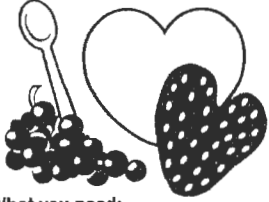
QUERIES FOR BOYS AND GIRLS:

(Prepared by New England Junior Yearly Meeting)

Knowing that God gave you your body for your spirit to dwell in, do you make the effort to keep your bodies and your minds strong and healthy by using moderation in all that you do and by avoiding those things which you know to be harmful?

Heart FRUIT SALAD

Make this cute, healthy snack for your loved ones on Valentine's Day.



What you need:

- Adult help
- Washed fruit (watermelon, cantaloupe, strawberries, grapes)
- Knife and cutting board
- Small heart-shaped cookie cutter
- Bowl and spoon
- Mint leaves (optional)

What you do:


1. Slice the watermelon and use the cookie cutter to make heart shapes.
2. Slice the cantaloupe and cut chunks into heart shapes.
3. Remove strawberry stems and cut berries in half. Cut a small V atop each half to form a heart.
4. Cut grapes in half.
5. Place fruit in bowl and stir.
6. Wash and cut the mint. Sprinkle strips on the salad. Enjoy!



Love your neighbor as yourself

Valentine's Day is the perfect opportunity to live out God's love. How does Jesus say we should treat other people?

Directions: Find a hidden word in each sentence. For example, "the" is hidden here: (12) "It's Harry's hat he stole." The (12) means the hidden word starts on the 12th letter (ignore punctuation). Use the answers to complete Matthew 19:19, NIV.

- (1) You really like ice cream! _____ 
- (16) Carly has a really fat hermit crab. _____
- (21) My favorite animals are moth, ermine and eels. _____
- (4) "Hello, Vera!" called Joseph. _____
- (11) When horses neigh, boredom reigns. _____
- (17) Their daughter, Kara, sat patiently. _____
- (6) "That's yours, elf!" the fairy yelled. _____

 "Honor _____ and _____, and _____ your _____"

Matthew 19:19, NIV

Answer: "Honor your father and mother, and love your neighbor as yourself." Matthew 19:19, NIV



LAMPLIGHTER
Up River Friends Meeting
523 Up River Road
Belvidere, NC 27919

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