

## A MESSAGE FROM OUR PASTOR:

DEAR FRIENDS:

### THANKSGIVING TRIALS and PROBLEMS?

Can you believe it's November? We are entering the season where we take time to remember and reflect on all the many things we have to be thankful for. I truly think this is a good practice. We live in a world that appears to be concerned with getting more and more, it is good to step back and reflect on the many things that God has given to us already, the many things for which we should be thankful.

When we make our list of things for which we are thankful, we might not include problems and trials, but how many times have problems and trials led us to a place of greater confidence and strength? Thus, maybe our list of things for which we are thankful should also include the *not so pleasant times that have brought us our present victories*.

Paul had this thought in mind when he wrote, "We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation" (Romans 5:3, NLT).

We tend to become sad or frustrated when we face trials and problems. Paul says we can rejoice because we know that they help us develop endurance. I am reminded of the words I once heard a young person share. He said, "In this life God places us in His oven. In here it is hot and it hurts. No one likes being in the oven but when life is over, and the bell dings, God takes us out of the oven and says, "Well done good and faithful servant." Even though trials and problems seldom feel good, the endurance they help us build should lead us to a place of thankfulness. Always remember God wants us to appreciate life even when we're going through tough times.

Paul doesn't stop there. He says, "endurance develops strength of character" There is an old poem that reads, "I asked God for strength, that I might achieve, I was made weak, that I might learn humbly to obey...I asked for health, that I might do greater things, I was given infirmity that I might do better things...I asked for riches, that I might be happy, I was given poverty that I might be wise...I asked for power, that I might have the praise of men, I was given weakness, that I might feel the need of God...I asked for all things, that I might enjoy life, I was given life, that I might enjoy all things...I got nothing that I asked for—but everything I hoped for, Almost despite myself, my unspoken prayers were answered. I am among all people, most richly blessed" (Unknown).

Paul concludes, "character strengthens our confident hope of salvation." During the Great Depression, there was a year when crops weren't good, and a family was running desperately short on potatoes. They had to decide if they were going to eat the potatoes or plant them for a new crop come spring—short-term satisfaction or long-term benefits. The family determined that they could eat the potatoes, but peel them with very thick peelings, and plant the thick peelings in spring. As it turns out, they had the best crop of potatoes ever.

What an important lesson we can learn from this family regarding Paul's words, "character strengthens our confident hope of salvation." Rather than just focusing on the current desire, the family was willing to

skimp and put off what they wanted now in order to reap a greater reward later. Are you thankful even in the lean times? Are you thankful when you reap the greater reward? Are you thankful when problems and trials lead to greater joy?

BLESSINGS, Chuck

\*\*\*\*\*

**SCHEDULE OF SUNDAY & WEEKLY SERVICES**

**BIRTHDAYS and ANNIVERSARIES**

10:00 am Sunday School  
 11:00 am Worship Service  
 Nursery and Junior Church  
 \*\*\*\*\*

02<sup>nd</sup> 6:00 pm Choir Practice  
 6:30 pm Light Meal  
 7:30 pm Jr. Youth – 3<sup>rd</sup> – 5<sup>th</sup> grade  
 7:30 pm Building Blocks –K- 2<sup>nd</sup> grade  
 07<sup>th</sup> 7:00 pm Ministry & Counsel Meeting  
 09<sup>th</sup> 6:00 pm Choir Practice  
 6:30 pm Light Meal  
 7:30 pm Monthly Meeting  
 7:30 pm Jr. Youth – 3<sup>rd</sup> – 5<sup>th</sup> grade  
 7:30 pm Building Blocks – K- 2<sup>nd</sup> grade  
 10<sup>th</sup> 9:30 am Elizabeth White Miss. Visitation  
 Mobile Food Pantry - Hertford  
 16<sup>th</sup> 6:00 pm Choir Practice  
 6:30 pm Light Meal  
 7:30 pm Jr. Youth – 3<sup>rd</sup> – 5<sup>th</sup> grade  
 7:30 pm Building Blocks –K- 2<sup>nd</sup> grade  
 20<sup>th</sup> 7:00 pm COMMUNITY THANKSGIVING  
 SERVICE – PINEY WOODS  
 30<sup>th</sup> 6:00 pm Choir Practice  
 6:30 pm Light Meal  
 7:30 pm Jr. Youth – 3<sup>rd</sup> – 5<sup>th</sup> grade  
 7:30 pm Building Blocks –K- 2<sup>nd</sup> grade

04<sup>th</sup> Lori Winslow, Lerryn S. Spangler  
 06<sup>th</sup> Jessie Mae Williams  
 09<sup>th</sup> Heather Forbes  
 10<sup>th</sup> Tiffany Rhodes  
 11<sup>th</sup> Tiffany Upton, Jennifer McClaren  
 12<sup>th</sup> **STAN & LOUANN WINSLOW**  
 14<sup>th</sup> Lot Winslow  
 15<sup>th</sup> Melanie Hebert, Vivian Winslow  
 18<sup>th</sup> Benita Savaria  
 19<sup>th</sup> **ADAM & DENA RICHARDSON\***  
 Justin Winslow  
 20<sup>th</sup> **PAT & MARY FRANCES TWIDDY,**  
 Stuart White, Dawn Boyce Stallings  
 Claire Ann Baker  
 21<sup>st</sup> Mary Frances Twiddy,  
 Amanda Crain Thompson  
 Judy Jones, Adam Lassiter  
 23<sup>rd</sup> Tyler Lee  
 25<sup>th</sup> Eloise White  
 26<sup>th</sup> Arba Clair Winslow  
 27<sup>th</sup> Shelby Harrell  
 28<sup>th</sup> **RICK & KIM OWENS**  
 Connie Baker

\*\*\*\*\*

**UP RIVER FRIENDS MEETING'S MISSION STATEMENT:**

To know Christ and to make Him known.

\*\*\*\*\*

**FLOWERS:**

06<sup>th</sup> Tiffany W. Rhodes  
 20<sup>th</sup> Flowers needed this day!!!!

13<sup>th</sup> Sherree Winslow  
 27<sup>th</sup> ADVENT



**PRAYER REQUESTS;** World leaders and those working to bring world peace. Our elders and leadership of our meeting, victims of the hurricane/tropical storm, Carolyn & Lester Baker, Jimmy Rhodes, Preston Morgan, Archie Creed, Amy Berryman, Rick Morris & family, Kay Boyce, Faye Lassiter, Sid Stallings, Gail Smith, Nancy McCormack's daughter, C. J. Stallings, Baby Cash and family, Dale Hunter, Herbert & Jessie Mae Williams, Baby Carter, Carlton Rountree, Jason Warren, Tanner Sprague (Billy & Janice Winslow's grandson), Lacy Bunch, Cecil & Ann Brown (friends of Jacque in Kernersville), Melody L. White, Riki McGee, Garland Anderson, Lela Bundy, Iona Baker, Ralph Hartley, Lee (husband of Kay's caregiver), Jackie Wiley, Tommy Chappell, Kathy Turner, Reby Stallings, Linda Givens, Anna Spivey's son-in-law Everett Egan, Tommy Stallings, Jean Pressley (Sonya's mother), Leah Jonson, Conna Gessler, Alan Corprew, Aubrey Burgess, Sid Stallings, Robert Hall (cousin of Rose Riddick), Talynn Gurganus, Lois Faye, Paul White and family, Mary Frances Twiddy, Chad Winslow, Quincy Riddick, Lewis Stallings, Karen & Freddie Boblit, Beulah Phthisic, Anna Wrae Smith, C. F. Stallings, Abby Baker, Anna Spivey, Carey Guyer and her best friend Erica, Bill Jones, the families of Peggy Wilcox (Richard's mother), Lelia Lee Winslow Senter, JoAnn "Punkin" Perry, Jesse W. Overton, and Mardie Cartwright, our care-givers, youth, and missionaries. If you know of anyone who needs to be added to our prayer list, please contact Pastor Chuck or Catherine. Thank you.

\*\*\*\*\*

**UPCOMING and PAST EVENTS:**

**HARVEST FESTIVAL:**

Up River's Harvest Festival will be held on **Saturday, October 29th from 3 pm to 5 pm.** Everyone is invited to attend - there will be games, hot dogs and a hay ride. All plans are being finalized, therefore please put October 29<sup>th</sup> on your calendar. We are hoping to see you that afternoon at Up River Friends Meeting. Also, please invite your friends and neighbors.

\*\*\*\*\*

**BACK TO SUNDAY SCHOOL:**

We're off to a good start with our Back to SUNDAY School campaign! Our new class is up and running; our worship, prayer and giving time for preschool-grade 5 before Sunday School is underway; our attendance charts will be up this Sunday; we have approval from Monthly Meeting to begin raising funds for some cabinets, lighting, painting, and general fixing up; and of course to top it all off, Monthly Meeting approved bringing Caroline Sweeney on as our youth pastor effective October 17 . What an exciting time!

There will be a meeting on Saturday, November 5 for brainstorming, curriculum review, teaching tips, grade-level planning, teacher teaming, and more. Stan has graciously offered to provide some breakfast. The time will be announced via email the week of the meeting.

\*\*\*\*\*

We want to do some sprucing up in our Sunday School areas used by children and youth - and we'd love to get your help! Monthly Meeting approved allowing Christian Education in cooperation with House and Grounds to begin raising \$3,000-\$5,000 for upgrades to our buildings. Amanda Winslow has spearheaded the effort by gathering prices and doing an updated needs inventory, which is much appreciated! Painting in the youth room and some other Sunday School rooms, better lighting, a rug for the youth room, folding furniture for the youth room, ceiling fans, much-needed storage cabinetry for the youth and other Sunday School rooms, a TV/DVD/BlueRay for the youth room and some small items are on the list. Drew and Kim Harris have donated a futon for the youth room to get the project started. Susan Harris has supper at church on November 16, and all money collected that evening will go to the project. The items needed begin at \$10 and go up to \$150. If you feel led to donate to this project, you can earmark funds in a Sunday morning offering or go on line to [upriverfriends.org](http://upriverfriends.org), click on the giving link and choose youth.

Thank you for your faithful support.

**UP RIVER MISSIONARY CIRCLE:**

The Elizabeth White Missionary Circle met on Monday, **October 10<sup>th</sup>, at 2:00** o'clock in the Fellowship Hall. Jacque Pagels, one of our members, will be leaving in January to be a Friend in Residence at the Friends School in Ramallah. To help us understand a little more about life in Ramallah, the program was taken from *Fruit of the Vine's* writing by Elizabeth Todd on her life in Ramallah. Our love and prayers will be with Jacque as she adds this new chapter to her already full life.

For some time now, during the month of November rather than our regular meeting, we have chosen to visit our shut-ins in the area. This will take place on Thursday, November 10<sup>th</sup>. We will meet at the meetinghouse at 9:45 to begin our visiting. Hope everyone will be able to go.

\* \* \* \* \*

**MOBILE FOOD PANTRY:**

*Dear Members of Up River Friends Meeting,*

*Thank you so much for the generous donation made for the Mobile Food Pantry. This past month our pantry served over 150 cars and we needed to order additional food. Your money will definitely help us pay our bills. No one went away without food, which is our goal. Thank you.*

*I would also like to give a special thank you to Reverend Chuck Hartman who was such a tremendous help on Thursday. He loaded cars, provided moral support and prayers. And, even put us up on FaceBook. Unbelievable! Our program is growing and it is largely due to Pastor Chuck and his boundless energy for this critical program. Thank you, Pastor Chuck. And thank you members of such a caring church. May God bless each of you.*

Marcia Dickman, Director of Perquimans County Mobile Food Pantry

Thursday, **November 10<sup>th</sup>**, the Perquimans Chapter Mobile Food Pantry will be distributing groceries in Hertford. If you would like to participate, please contact Pastor Chuck.

\* \* \* \* \*

**SERVING AT THE LORD'S TABLE at Hertford United Methodist Church:**

On Wednesday, October. 19, nine members from Up River were in fellowship together as they served 65 of God's children at Hertford United Methodist Church. The menu consisted of spaghetti, fruit cup, garlic bread, and a variety of desserts. Thank you to the following who either donated their time, a dessert, or money to make this a successful feeding: Ron, Catherine, Rose and Tommy, Gloria, Judy, Jamie, Chuck and Sonya, Jacque and Stan. It was a rewarding experience to work together for the Lord.

As Jacque is leaving in January, Ron has graciously volunteered to coordinate the future feeding. If you can help in any way with your time or donate food, please let Ron know. Everyone take part in these feedings by keeping this mission in your prayers. God bless.

\* \* \* \* \*

**CAN YOU BELIEVE IT IS NOVEMBER!!!!**

Starting the last Sunday in November ( 27<sup>th</sup>), the Up River Friends Christmas card mail box will be open for card drop-off and pick-up. Consider using the URF mailbox to send your Christmas cards to our regular attenders and our shut-ins in the community. "Stamp" donations will be collected this year to help Ms. Jacque Pagels fund her mission at Ramallah Friends School in Israel.

Thanks,  
Amanda

\* \* \* \* \*

**VAN SEARCH COMMITTEE UPDATE:**

Several months ago, a van was brought to our attention that was exactly what we were searching for and would meet the needs of our Meeting. Along the way to prepare to go and take a test drive we received a call that there was a problem with the engine. Thus the company made the proper repairs. It was brought back to N.C. We received word that they needed to take it back to Ohio again. Long story short, the van is on its way back to NC and will have a newly rebuilt engine in it which is to our advantage because we had a price quoted to (page 4)

us before all the problems surfaced. We are excited that this deal may soon be finalized. Within the next week we will be going to test drive it and God willing purchase it.

Thank you all for your prayer throughout this process. God's blessings.

\*\*\*\*\*

**LOOKING BACK** — *(In your last newsletter we shared highlights from our 150<sup>th</sup> ANNIVERSARY. Several members shared with us at that time; and from this newsletter until the last thoughts have been shared, you will be able to read what was shared. Also, many thanks to Jacque Pagels and Lynn Lassiter in obtaining this information and pulling it together. The first one is Mark Baker and the second one is from one of our young Friends, Carlton Baker.*

I have been coming to Up River Friends all of my life. Up River Friends is like home since I grew up here; it's just a part of my life. I feel comfortable here. I have participated in Christmas programs and Easter programs. I have been a part of Sunday School classes that have taught me about familiar Bible stories. Vacation Bible School was always a fun time. All of these have helped me to learn who Jesus was and why I needed to have a relationship with Him. I really enjoy the people that I go to church with. There are a lot of people at our church that I look up to as good Christian role models. I know that these people are willing to help me. I like being able to go to church with all of my extended family.

This year we started a full-time youth group and I have really enjoyed the things we have been doing and the lessons are really good. This has been helpful with my social skills, but most importantly helping me to grow closer to God. I like how different families take the lead and we do different activities each week.

I like how our church is very involved in different outreaches like taking part in feeding the homeless; there has been several times that I have gone and helped. I also like how our church does fundraisers for people that are in need. I feel like we are trying to make a difference in our community. Up River Friends is a great church and I am glad that I have grown up here.

\*\*\*\*\*

**THE QUERIES:** *Please take time to consider these thoughts and hopefully our meeting will grow both spiritually and numerically.*

**RESPONSIBILITIES OF MEMBERSHIP:** Do you as elders and ministers recognize your responsibility in setting an example of faithfulness and loyalty to the meetings for worship and business? Do you accept appointment to this group as a definite response to the "high calling of God in Christ Jesus"? Are you concerned that the needs of all are ministered to in your meetings, whether by silent worship, inspirational speaking, or reverent music?

\*\*\*\*\*

*To each of you who contributed to this newsletter, **THANK YOU SO VERY MUCH.** If you would like to share in upcoming newsletters, please feel free to do so – just give me a call at 297-2485 or e-mail me at*

*Also if you have a loved one or a friend whom you think would like to receive our newsletter – please let me know; or if you no longer wish to receive our newsletter, let me know. Thank you very much. Catherine G. Winslow*

---

---

### Use it all up

---

---

About two-thirds of Americans say eating Thanksgiving leftovers is more important than eating the actual holiday meal. That's one of the few times people hope food is left on the table.

When it comes to giving out blessings, God doesn't want any leftovers to remain. In Genesis 12:2, God blesses Abraham so he will be a blessing to others.

Charles Stanley writes: "A hoarded blessing is never enjoyed as richly as a shared one. Using your gift to meet someone else's need glorifies God by demonstrating his grace at work in your life. Don't let his generous provisions end with you. Pass them on and discover the joy of a never-ending cycle of blessings."

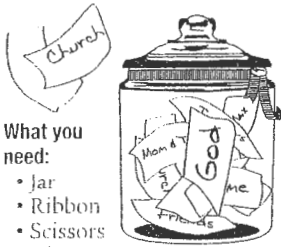
# QUERIES FOR BOYS AND GIRLS:

(Prepared by New England Junior Yearly Meeting)

Do you try to feel and show friendliness toward people of other races and nations, who like ourselves are children of God?

## BLESSINGS JAR

Thanksgiving reminds us of our many gifts from God. Count your blessings all month long with this craft.



### What you need:

- Jar
- Ribbon
- Scissors
- Glue
- 3 sheets of paper (different colors)
- Marker or pen

### What you do:

1. Measure and cut enough ribbon to wrap around the jar's neck, below the lid. Glue in place and let dry.
2. Fold each piece of paper in half three times, resulting in eight rectangles per sheet. Cut along the fold lines, and you'll have 24 rectangles.
3. Each day in November until Thanksgiving, write down one blessing from God. Then place that blessing in the jar.
4. On Thanksgiving, open the jar and read all your blessings to your family and friends.



## Blessings from the Lord

Throughout the Bible, God blesses his chosen people. How can we receive these gifts?

Directions: In the word search, find all the words in the box. Then write the words in the correct order on the blanks below to complete the verse.

come you these LORD if blessings you the accompany  
Deuteronomy All on your obey will God you and

I	J	T	Z	Z	L	M	X	N	W	C	I	Z	Y	H
X	V	U	B	M	O	O	O	V	I	O	L	T	R	T
N	L	V	L	I	R	A	D	S	L	M	R	H	A	T
B	F	C	E	Z	D	T	X	O	L	E	D	E	L	D
O	S	K	S	L	O	D	A	B	V	G	W	S	L	E
H	G	Y	S	L	R	A	W	E	Y	J	E	E	U	U
I	O	R	I	W	F	I	C	Y	O	U	R	L	R	T
Z	D	B	N	I	A	B	Y	C	V	M	R	X	C	E
G	K	D	G	Y	D	M	A	O	O	T	U	F	M	R
C	T	I	S	Z	O	M	T	E	Q	M	P	N	T	O
C	X	C	I	D	U	U	O	L	R	D	P	T	C	N
F	S	X	F	R	T	L	P	M	F	B	L	A	A	O
Y	Y	Y	O	U	H	T	U	A	P	A	I	U	N	M
E	O	K	N	U	E	A	Z	U	F	E	F	B	D	Y
T	Q	U	Y	N	I	N	O	O	V	E	O	T	Z	I

" All \_\_\_\_\_ "

28:2, NIV

Answer: "All these blessings will come on you and accompany you if you obey the LORD your God." Deuteronomy 28:2, NIV



### LAMPLIGHTER

Up River Friends Meeting  
523 Up River Road  
Belvidere, NC 27919

Non-Profit Organization  
U.S. Postage Paid  
Belvidere, NC 27919  
Permit No. 1