
Lamplighter

Let your light so shine
before others . . .
Matthew 5:16



Up River Friends Meeting, Belvidere, NC 27919 -- Vol. XXXI No. 9 - September 2017

WORDS FROM OUR PASTOR -----

DEAR FRIENDS,

I KNOW I CAN

One of my favorite childhood stories is *The Little Engine That Could*. I'm sure you know the tale: a little train engine *wheels up* to the task of pulling a large load of toys over a mountain. Several larger trains declined the task; these larger engines would have no problem pulling the cars over the mountain; however, one small, determined little engine says, "I think I can!"

Jesus faced a similar obstacle in Mark 9. "What do you mean, If I can?" Jesus asked. "Anything is possible if a person believes." Mark 9:23 (NLT). Jesus reminds us that all things are possible when we believe. Now, I know God wants us to believe for positive things, not selfish things; but, when we do believe we should be like Jesus and the little engine, "What do you mean, If I can? I know I can!"

In his book, *Tough Times Never Last, But Tough People Do!* Dr. Robert Schuller writes, "Take care? People who take care never go anywhere. Take a chance! Take charge! Take control!" (1984). We need to heed these three phrases: "Take a chance! Take charge! Take control!"

What is God asking you to do today that seems out of your reach? Trust Him and say, "By His power, I know I can!" What thing do you need to take charge of in your life? What things have you been neglecting that God has entrusted to your care? Stop neglecting and reach out and take charge. Trust God and say, "By His power, I know I can!" What areas are out of control in your life? It is time to take control over those things that are out of control. Trust God and say, "By His power, I know I can!"

Jesus said, "If you had faith even as small as a mustard seed, you could say to this mountain, 'Move from here to there,' and it would move. Nothing would be impossible" (Matthew 17:20b, NLT). Mustard seed are tiny. I believe Jesus is saying all you need is a little motivation. Every time I drive through the Monitor Merrimack Bridge Tunnel or see the Golden Gate Bridge, I think of the mighty things people have accomplished. Without a doubt, both these engineering feats have been *mountain moving*.

What mountain has been blocking your path? Who has been telling you that you cannot? Jesus says you can. I encourage you, have faith in God, listen to Him when He gives you the green light to accomplish a task. When He does, Take a chance! Take charge! Take control! Trust God and say, "By His power, I know I can!" "If you had faith even as small as a mustard seed, you could say to this mountain, 'Move from here to there,' and it would move. Nothing would be impossible" (Matthew 17:20b, NLT).

Blessings,
Chuck



UP RIVER FRIENDS MEETING'S MISSION STATEMENT:

To know Christ and to make Him known.

SCHEDULE OF SUNDAY & WEEKLY SERVICES:

- 10:00 am Sunday School
- 11:00 am Worship Service
- Nursery and Junior Church
- *****
- 06nd 6:30 pm Light Meal
- 7:00 pm Children Programs
- 7:00 pm Bible Study
- 11th 2:00 pm Elizabeth White Miss. Circle
- 7:00 pm Ministry and Counsel Meeting
- 13th 6:30 pm Light Meal
- 7:00 pm Children's programs
- 7:00 pm Monthly Meeting
- 14th Mobile Food Pantry in Hertford
- 15th **LAMPLIGHTER NEWS** is due – thank you
- 20th 6:30 pm Light Meal
- 7:00 pm Children programs
- 7:00 pm Bible Study
- 27th 6:30 pm Light Meal
- 7:00 pm Children programs
- 7:00 pm Bible Study
- 29th Homeless Feeding in Elizabeth City

FLOWERS:

- 03rd Rose & Tommy Riddick 17th Lynn Lassiter
- 10th Cheryl White 24th Etta F. Winslow

BIRTHDAYS and ANNIVERSARIES:

- 01st Cheryl White, Lucy Rae McClaren
- 03rd Eura Hall, Lona Stallings
- 04th Chase Daniel Baker
- 05th **BRAD & CLAUDIA RAWLINGS**
- 06th Katherine "Katie" Jones
- 07th Stacie J. Hutto, Eric Alan Savaria
- Brianna Page White, Gene Pope
- Caleb Richardson
- 08th **T.A. & LOIS DAIL**
- 10th James Owens
- 11th Brad Rawlings
- 13th Dianne Winslow, Pam Lothian,
- Sharon Lane
- 14th Colt Avery Winslow
- 15th Veronica Rountree
- Etta Florence Winslow
- John Lassiter, John White
- 16th Steve Riddick
- 18th **R.J. & HOLLY LASSITER**
- 20th **WILFORD & EULA MAE FORBES**
- 24th **JULIAN & CONNIE BAKER**
- Freddie Boblit
- 27th Lynn Lassiter, Jay Rountree
- 28th Rodney Lassiter
- 29th R.P. White
- 30th Terrence Winslow

PRAYER REQUESTS:

World leaders and those working to bring world peace. Our elders, children, youth and leadership of our meeting, Jean Pressley (Sonya's mother), Jesse Rountree, Eloise White and family, Lois Violet W. Lowe, Affie Spivey, Jeff Sweeney, Shelby Harrell, Dawn Alexander (Dena Richardson's sister), Marlene Pierce, Connie Baker and Connie Baker's nieces Angie and Kim (both with cancer), Sue Hall (Sonya's aunt), Richard Winslow, Myrtle Pierce, Judy Phthisic, Catherine McLean, Dee Spruce, Travis Hutto, Sabrina Mundroff, Lona & Tommy Stallings, Sonya Hartman, Lester Baker, James Parks, Adam Belcher (Brandon's brother), the Chamberlain family, Vivian Winslow, Renee Marshburn (Robin Winslow's sister), Billy Boblit, Barbara Saunders, J.D. Carver, Eleck Winslow, Andrew Guyer (Judy Parsons grandson), Jobina Godfrey, Herbert & Jessie Mae Williams, Janie Bundy, Parker and Barbara Copeland, Shelley Lamb, Calvin Casper, Pat & Mary Frances Twiddy, Barbara Stallings, Joe Liner, Archie Creed, Faye Lassiter, Sid Stallings, Deborah S. Williams, Gail Smith, Dale Hunter, Carlton Rountree, Tanner Sprague, Cecil & Ann Brown (friends of Jacque), Melody L. White, Garland Anderson, Lela Bundy, Iona Baker, Kathy Turner, Linda Givens, Anna Spivey's son-in-law Everett Egan, Leah Jonson, Conna Gessler, Robert Hall (cousin of Rose Riddick), Lois Faye, Paul White and family, Chad Winslow, Quincy Riddick, Lewis Stallings, Karen & Freddie Boblit, Beulah Phthisic, Anna Wrae Smith, Abby Baker, Anna Spivey, Carey Guyer and her best friend Erica, the families of Kay Boyce, Thomas Dail, Arba Carver, John M. Jones, and Wayne Rogerson, our care-givers, youth, and missionaries. If you know of anyone who needs to be added to our prayer list, please contact Pastor Chuck or Catherine. Thank you.

UPCOMING EVENTS and REPORTS ON PAST EVENTS:

BIBLE STUDY:

A Bible Study will be held each Wednesday evening at 7 o'clock beginning on September 6th with the exception of the Wednesday night of Monthly Meeting.

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UP RIVER YOUTH AND CHILDREN:

Hi Everyone! As our Youth and Children are about to head back to school and dive back in to their weekly routine I want to ask that you continue to pray diligently for them. We are headed into a busy season with school, sporting events, holidays, and church events. It becomes easy for us to just go through the motions. Pray that the youth, children, and all the leaders will be continually seeking the Lord. I don't want the school year to pass by and realize that we have drowned out the voice of the Lord with our busy schedules and missed what he is doing in our individual lives as well in each ministry here at Up River. My prayer for our students as they go back into the schools is that they would be Jesus to those around them. I pray that they would show love, compassion, grace, and forgiveness to others in their school.

This fall we are going to be studying the Armor of God in Building Blocks and Junior Youth. After Paul describes each piece of armor to the Ephesians he said, "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel." (Ephesians 6:18-19) Join me in praying for our children, youth, and leaders. I also covet your prayers for myself as I lead them. Thank you for your continued support and love!

Caroline

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ELIZABETH WHITE MISSIONARY CIRCLE:

The Elizabeth White Missionary Circle met on Monday, August 14th with 6 members present. Judy Parsons brought our lesson entitled *A Dream Come True*. Members shared thoughts of the past.

Our next meeting will be Monday, September 11th at 2 o'clock in the Fellowship Hall. We are beginning a new program year with the lessons centered around *Serving the Lord with Gladness!* The first program is about *Finding Jesus* and will be brought by Jacque Pagels.

We hope you will be able to attend this meeting - new members and/or visitors are welcome to meet with us in the Fellowship Hall.

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HOMELESS FEEDING:

Time moves quickly and being the month of September has 5 Friday's Up River will again be feeding at the Homeless Site in Elizabeth City. Additional information will be later.

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BLESSINGS FROM GOD:

Every day I am made more aware of the blessings that God sends down to us. In the past year and a half I have been in awe of His caring hands and the work He does through us here at Up River. When Hillary and Ashley Jethro approached me about designating the money collected at VBS for the children I worked with at the refugee camp, I had no idea of the amount that would be collected. Through the children donating each night and the Friday night program, \$3,000 was raised for the children at the Amari Refugee Camp in Ramallah, Palestine. With this amount of money, a third kindergarten classroom will be added allowing the Women's Center to provide for 40 to 50 more children of God. The money has been wired to the UN Representative I worked with at the camp. He will order tables and chairs for the new room, 3 dry-erase boards and markers for each of the classrooms, and with any remaining money he will order some books or supplies needed. (pg 3)

Words of thanks cannot be expressed enough. Not only are we helping the children, but the women/mothers will have several hours each day to train at the center in a profession that will allow them to earn money. A local business will earn money by constructing and delivering the tables and chairs. Local stores will benefit through the purchase of supplies/books. Amazing how the hand of God showers so many with your generous heart. Thank you.

Blessings and Peace to all of you.
Jacque

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CHOIR:

The Up River Adult Choir will begin regular rehearsals again directly after Labor Day and will welcome both old and new singers to our ranks! If you have been a faithful member, we thank you for your continued service and dedication as we provide music for 11:00 am worship and special programs and events throughout the year. If you have not been singing with the choir but would like to, we would love to have you join us. During recent years we have rehearsed each Wednesday evening at 6:00, however, there is a possibility that we will look into changing that if another time better meets the needs of the group. For more information, or to share thoughts on how the choir can best serve Up River, please contact Lynwood Winslow at 297-6532 or lcwiii@inteliport.com. We welcome all who are willing to share their musical talents in worship.

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THE QUERIES: The following comes from the Faith and Practice (Book of Discipline) of North Carolina Yearly Meeting of Friends under the heading THE QUERIES.

Please take time to consider these thoughts and hopefully our meeting will grow both Spiritually and numerically.

BUSINESS RESPONSIBILITY: Do you avoid such undue expansion of your business responsibilities as to endanger your personal integrity? Are you truthful and honest in your business transactions, punctual in fulfilling your promises, and prompt in the payment of your debts?

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*To each of you who contributed to this newsletter, **THANK YOU SO VERY MUCH.** If you would like to share in upcoming newsletters, please feel free to do so – just give me a call at 297-2485 or e-mail me at lcwjr@inteliport.com. Also, if you have a loved one or a friend whom you think would like to receive our newsletter – or if you no longer wish to receive our newsletter, please let me know. Thank you very much. Catherine G. Winslow*

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What's your calling?

When you have a sense of calling – whether it's to be a musician, soloist, artist, in one of the technical fields or a plumber – there is something deep and enriching when you realize it isn't just a casual choice; it's a divine calling. [That's] not limited to vocational Christian service, by any means.

–Charles R. Swindoll



God's left hand

A 6-year-old and his grandma went for a walk one autumn day. "Look at the gorgeous leaves!" Grandma exclaimed. "Just think, God painted each one of them just for us!"

"Yep," said her grandson, "and he did it left-handed."

Perplexed, Grandma asked, "Why do you think God used his left hand to create all this beauty?"

"Because," said the boy matter-of-factly, "we learned in Sunday school that Jesus sits on God's right one."

The following article was written by an 8-year-old boy named Danny Dutton, who lives in Chula Vista, CA. He wrote it for his third grade homework assignment, to 'explain God.'

EXPLANATION OF GOD:

One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on earth. He doesn't make grownups, just babies. I think because they are smaller and easier to make. That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that to mothers and fathers.

God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this. Because he hears everything, there must be a terrible lot of noise in his ears, unless he has thought of a way to turn it off.

God sees everything and hears everything and is everywhere which keeps Him pretty busy. So you shouldn't go wasting his time by going over your mom and dad's head asking for something they said you couldn't have.'

'Atheists are people who don't believe in God. I don't think there are any in Chula Vista. At least there aren't any who come to our church.

Jesus is God's Son. He used to do all the hard work, like walking on water and performing miracles and trying to teach the people who didn't want to learn about God. They finally got tired of him preaching to them and they crucified him. But he was good and kind, like his father, and he told his father that they didn't know what they were doing and to forgive them and God said O.K.

His dad (God) appreciated everything that he had done and all his hard work on earth so he told him he

didn't have to go out on the road anymore. He could stay in heaven. So he did. And now he helps his dad out by listening to prayers and seeing things which are important for God to take care of and which ones he can take care of himself without having to bother God. Like a secretary, only more important.

You can pray anytime you want and they are sure to help you because they got it worked out so one of them is on duty all the time.

You should always go to church on Sunday because it makes God happy, and if there's anybody you want to make happy, it's God!

Don't skip church to do something you think will be more fun like going to the beach. This is wrong. And besides the sun doesn't come out at the beach until noon anyway.

If you don't believe in God, besides being an atheist, you will be very lonely, because your parents can't go everywhere with you, like to camp, but God can. It is good to know He's around you when you're scared, in the dark or when you can't swim and you get thrown into real deep water by big kids.

But...you shouldn't just always think of what God can do for you. I figure God put me here and he can take me back anytime he pleases.

And...that's why I believe in God.

...and a little child shall lead them.

Isaiah 11:6



LAMPLIGHTER
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Meetinghouse: 252-297-2442

QUERIES FOR BOYS AND GIRLS:

Do you try to be honest and truthful in what you say and do? Do you stand firmly against acts that are sneaky and underhanded? Do you realize that we get the greatest enjoyment from the things for which we work, and that trying to get something for nothing seldom brings lasting happiness?




These healthy chips make a yummy back-to-school snack.

What you need:

- 4 apples, cored and cut into 1/8" rings
- Large bowl
- Spoon
- 2 teaspoons cinnamon
- 2 teaspoons sugar
- Baking sheets (sprayed)

What you do:

1. Place apple slices in the bowl. Add cinnamon and sugar. Stir so apples are coated evenly with the mixture.
2. Place apple slices on the sprayed baking sheets in a single layer.
3. Bake at 200 degrees for two to three hours, until chips are dry but still slightly soft.




PUZZLE

APPLE OF HIS EYE

Start each school day by remembering God's loving care for you.

Directions: Starting at the K by the stem and going clockwise, circle each word. Then place the words in the blanks to complete Psalm 17:8.



" _____
 _____;
 _____"

PSALM 17:8, NIV



Answer: "Keep me as the apple of your eye; hide me in the shadow of your wings." Psalm 17:8, NIV